

COMPLETE THIS HALF AND RETURN TO:
The Cathedral 14 St. Mary's Street, Truro TR1 2AF

TOP TEN PLEDGES

Thank you for supporting the Cornish Declaration. If you would like to take some practical steps towards offsetting your personal impact on climate change then please do as many of the top ten pledges as possible.

Pledge One

I pledge to ring my electricity supplier over the next 24 hours and see if I can switch to green energy (if not I will find one)!

Pledge Two

I pledge to buy local seasonal produce as much as possible – starting with at least 2 meals a week

Pledge Three

I pledge to educate myself about the science and impacts of climate change starting with the met office pamphlet “Warming - Climate change - the facts” www.metoffice.gov.uk/climatechange/guide/downloads/quick_guide.pdf

Pledge Four

I pledge to contact my MP and my friends to come and sign the declaration and make these pledges too.

Pledge Five

I pledge to walk, cycle, use public transport or register with www.carsharecornwall.com **08700 111199** to travel to work or regular journey at least once a week.

Pledge Six

I pledge to work out my own carbon footprint using one of the many easy to use carbon calculators eg, <http://footprint.wwf.org.uk>

Pledge Seven

I pledge to do a ‘home energy check’ to find out how I can save energy in my home. I will contact the Energy Saving Trust on **0800 512 012** or <http://www.energysavingtrust.org.uk/proxy/view/full/165/homeenergycheck>

Pledge Eight

I pledge to turn my thermostat down or use a thermometer to reach the lowest comfortable temperature, typically between 18-21°C & think about putting on a jumper instead.

Pledge Nine

I pledge to reduce my holiday air miles by 50%.

Pledge Ten

I pledge to research ‘Driving in a greener way’ by google/research or by ringing up a driving instructor and booking a lesson to learn eco-drive ideas (eg John Silvester **01872 271360**).

Surname

Postcode

Email

If you are happy to be contacted to see how you got on please tick here

KEEP THIS HALF

TOP TEN PLEDGES

Date each pledge when complete, sit back and be proud!

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